

THE SOCIAL MEDIA MANAGER

CALENDAR

2025

Canada

metricool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 New Year's Day 🎉	2 National Science Fiction Day	3	4	5 National Whipped Cream Day
6 National Bean Day	7 Orthodox Christmas	8 National Bubble Bath Day	9	10	11 National Clean Off Your Desk Day	12
13	14 National Dress Up Your Pet Day	15 National Bagel Day	16	17	18 National Thesaurus Day	19 National Popcorn Day 🍿
20 National Penguin Day	21	22	23 National Pie Day	24 National Fun at Work Day	25 National Irish Coffee Day	26
27 International Holocaust Remembrance Day	28 National Lego Day	29 Lunar New Year 🐉	30 National Croissant Day	31 National Hot Chocolate Day	1	2

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JAN

OTHER IMPORTANT DATES

- 01** Dry January
- 14** World Logic Day
- 15** Museum Selfie Day
- 19** World Snow Day
- 24** International Day of Education
- 29** National Puzzle Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
3	4 World Cancer Day	5 World Nutella Day	6 National Chopsticks Day	7 National Send a Card to a Friend Day	8	9 National Pizza Day 🍕
10	11 International Day of Women and Girls in Science	12 Bishvat	13 Galentine's Day	14 Valentine's Day ❤️	15 Flag Day 🇨🇦	16
17 Random Acts of Kindness Day	18	19	20 National Love Your Pet Day	21	22 World Thinking Day	23 National Aviation Day
24	25	26 Pink Shirt Day	27 National Chili Day	28 First Day of Ramadan	1	2
3	4	5	6	7	8	9

OTHER IMPORTANT DATES

Black History Month

LGBTQ+ History Month

04 Rosa Parks Day

11 National Inventors' Day

14 Pink Triangle Day

15 Canada's Agriculture Day

FEB

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1 International Ideas Month	2
3	4 Mardi Gras	5	6	7 World Plant Power Day	8 International Women's Day	9 National Meatball Day
10 National Pack Your Lunch Day	11 Canadian Women Physicians Day	12	13	14 Holi	15	16
17 St. Patrick's Day 🍀	18 World Social Work Day	19 International Read to Me Day	20 Spring Equinox 🦋	21 World Poetry Day	22	23 National Puppy Day
24	25 International Waffle Day	26	27 World Theatre Day 🎭	28	29	30
31	1	2	3	4	5	6

MAR

OTHER IMPORTANT DATES

Irish Heritage Month

07 Employee Appreciation Day

09 National Hug Your Dog Day

20 International Day of Happiness

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1 April Fool's Day	2 International Children's Book Day	3 National Burrito Day 🌯	4	5	6
7 Green Shirt Day	8	9	10 National Siblings Day	11 National Pet Day	12	13
14 International Moment of Laughter Day	15	16 National Canadian Film Day	17	18 Good Friday 🙏	19 Holy Saturday	20 Easter Sunday
21 World Creativity and Innovation Day	22 Earth Day 🌍	23 Saint George's Day	24	25 Metricool Day	26 National Pretzel Day	27
28 National Superhero Day	29 International Dance Day	30 International Jazz Day 🎷	1	2	3	4
5	6	7	8	9	10	11

APR

OTHER IMPORTANT DATES

- 01 International Fun At Work Day
- 03 Don't Go to Work Unless it's Fun Day
- 07 World Health Day
- 16 World Voice Day
- 18 National Columnists' Day
- 20 National Look Alike Day

- 21 Easter Monday
- 23 World Book Day
- 23 English Language Day
- 25 World Penguin Day
- 26 International Sculpture Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	1 May Day	2 International Harry Potter Day	3 Free Comic Book Day	4 Star Wars Day
5 Cinco De Mayo 🌻	6 National Nurses Day	7	8 World Red Cross Day	9	10	11 Mother's Day 🧑🏻
12	13	14	15 International Day of Families	16 International Day of Light 💡	17	18 International Museum Day
19	20 National Rescue Dog Day	21 International Tea Day	22	23 World Turtle Day 🐢	24 Victoria Day	25 National Wine Day
26 World Redhead Day 🧑🏻	27 National Sunscreen Day	28 National Brisket Day	29 National Golf Day	30	31	1
2	3	4	5	6	7	8

MAY

OTHER IMPORTANT DATES

Asian Heritage Month

Jewish Heritage Month

01 Canadian Jewish Heritage Month

16 Bike-to-Work Day

16 Endangered Species Day

16 National Pizza Party Day

18 World Baking Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	31	1 Canadian Armed Forces Day
2 Leave The Office Early Day	3 World Bicycle Day 🚲	4 National Cheese Day 🧀	5 World Environment Day	6 National Donut Day	7	8 World Oceans Day 🐟
9	10	11	12 World Day Against Child Labour	13	14 Bourbon Day	15 Father's Day
16	17	18 International Picnic Day	19	20 International Surfing Day 🏄	21 World Music Day 🎵	22
23 International Women in Engineering Day	24 Saint-Jean-Baptiste Day	25 Global Beatles Day	26	27 Canada Multiculturalism Day	28	29 National Camera Day

30 World Social Media Day	1	2	3	4	5	6
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JUN

OTHER IMPORTANT DATES

National Indigenous History Month

LGBTQ+ Pride Month

08 National Best Friends Day

14 Global Wellness Day

15 Nature Photography Day

20 Take Your Dog to Work Day

21 National Indigenous Peoples Day

23 National Pink Day


30 International Asteroid Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	1 Canada Day	2 World UFO Day 🛸	3	4	5	6 International Kissing Day
7 World Chocolate Day	8	9	10	11	12 Orangemen's Day	13
14 National Mac & Cheese Day	15 National Give Something Away Day	16 Moon Landing Anniversary 🚀	17 World Emoji Day 🥰	18 Nelson Mandela International Day	19 Seneca Falls Convention	20 National Ice Cream Day
21	22	23	24 International Self-Care Day	25 Christmas In July	26	27
28	29 National Lasagna Day	30 International Day of Friendship	31 World Ranger Day	1	2	3
4	5	6	7	8	9	10

OTHER IMPORTANT DATES

- 01 International Joke Day
- 06 National Fried Chicken Day

JUL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	31	1 Emancipation Day	2	3
4 National Chocolate Chip Cookie Day	5	6	7 National Lighthouse Day	8 International Cat Day 	9 World Indigenous People Day	10 National Spoil Your Dog Day
11	12 International Youth Day	13	14	15	16	17 National Nonprofit Day
18 National Couple's Day	19 World  Photography Day	20 National Radio Day	21	22 National Tooth Fairy Day	23	24 National Waffle Day
25	26 National Dog Day 	27	28 Rainbow Bridge Re- membrance Day	29	30 National Beach Day	31
1	2	3	4	5	6	7

AUG

OTHER IMPORTANT DATES

19 World Humanitarian Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Labor Day	2	3	4	5 International Day of Charity	6	7
8 International Literacy Day	9	10 International Makeup Day	11	12 National Day of Encouragement	13 International Chocolate Day 🍫	14
15 Hispanic Heritage Month	16 National IT Professionals Day	17	18	19 Batman Day	20 National Truth and Reconciliation Day	21 International Day of Peace
22 Autumnal Equinox	23 International Day of Sign Languages	24 Rosh Hashana	25 World Dream Day	26	27 World Tourism Day ✈️	28 National Sons Day
29 World Heart Day ❤️	30 International Podcast Day 🎙️	1	2	3	4	5
6	7	8	9	10	11	12

OTHER IMPORTANT DATES

- 16** National Guacamole Day
- 21** World Gratitude Day
- 21** World Alzheimer's Day
- 29** National Coffee Day
- 30** National Day for Truth and Reconciliation (Orange Shirt Day)

SEP

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	1 International Coffee Day	2 Vijaya Dashami	3 World Smile Day 😊	4 National Cinnamon Roll Day	5 World Teachers' Day
6	7	8	9 Leif Erikson Day	10 World Mental Health Day	11	12
13 Thanksgiving Day	14 World Standards Day	15	16 Boss's Day	17	18	19
20 International Chefs Day	21 Back to the Future Day	22	23	24	25 World Opera Day	26 National Pumpkin Day
27 Canadian School Library Day	28	29 National Cat Day	30	31 Halloween 🎃	1	2
3	4	5	6	7	8	9

OTHER IMPORTANT DATES

Women's History Month
Breast Cancer Awareness Month
01 National Seniors Day
21 Diwali

OCT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1 Movember	2
3	4	5 World Tsunami Awareness Day	6 National Nachos Day	7	8 Indigenous Veterans Day	9 Go to an Art Museum Day
10	11 Remembrance Day	12	13 World Kindness Day	14	15 National Philanthropy Day	16
17 International Students' Day	18	19 International Men's Day	20	21 World Television Day 📺	22	23 National Espresso Day
24	25	26 National Cake Day 🍰	27	28 Black Friday ❤️	29	30
1	2	3	4	5	6	7

NOV

OTHER IMPORTANT DATES

Hindu Heritage Month

Native American Heritage Month

08 National Cappuccino Day

20 Universal Children's Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Cyber Monday	2 International Day for Abolition of Slavery	3 International Day of Persons with Disabilities	4	5 International Volunteer Day	6 World Pear Day	7
8 Green Monday	9	10 Human Rights Day	11 International Mountain Day 	12 Gingerbread House Day	13	14
15	16	17	18	19 National Ugly Sweater Day	20 International Human Solidarity Day	21 Start of Winter 
22	23 Festus	24 Christmas Eve 	25 Christmas 	26 Boxing Day	27	28 National Call a Friend Day
29	30	31 New Years Eve				

DEC

OTHER IMPORTANT DATES

06 St. Nicholas Day

08 National Brownie Day

10 Nobel Prize Day

10 International Animal Rights Day

21 Yule

24 The Feast of the Seven Fishes

26 Kwanzaa

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